

Abdominal Pregnancy in a Low-Resource Setting

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BACKGROUND: Abdominal pregnancies are rare types of ectopic pregnancies with high rates of maternal mortality and morbidity when encountered anywhere in the world. Combining such high-risk pregnancy with the limitations found in a low-resource setting can lead to increased complications, which can be more difficult to manage.

CASE: A 21-year-old woman, gravida 2 para 1001, at 36 weeks of gestation presented with a complicated abdominal pregnancy in Cameroon. The patient was followed through multiple complicated surgeries and medical treatments, including chemotherapy, until final resolution and complete recovery.

CONCLUSION: This case highlights known complications of advanced abdominal pregnancy, including blood loss and infection. It also emphasizes limitations within the low-resource setting, which can independently add to the patient's morbidity and complicate management, and demonstrates examples of approaches that can be used aid management decisions within low-resource areas.